

## **SCOUT YOUR OPPONENTS ALL THE WAY TO VICTORY**

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**Here's a 3 page pre-made form you can use if you're scouting one of your opponents. Just watch a bit of his or her match and answer the questions in the form.**

**Then come up with a high percentage , crafty, game plan to maximize your chances of winning.**

**Best of luck on the court!**

**Glenn Sheiner M.D.**

# INSIDER TENNIS STRATEGIES

## PRE MATCH SCOUTING REPORT

Opponent's name:

Date :

### 1. My Opponent's Serving patterns ( check all that apply)

**Deuce court** First serve  
Serve and Volley? Y N

Second serve  
Serve and Volley? Y N

Serves mainly to backhand \_\_\_\_\_  
Serves mainly to forehand \_\_\_\_\_  
Serves mainly at the body \_\_\_\_\_  
Serves equally to all spots \_\_\_\_\_

Serves mainly to backhand \_\_\_\_\_  
Serves mainly to forehand \_\_\_\_\_  
Serves mainly at the body \_\_\_\_\_  
Serves equally to all spots \_\_\_\_\_

**My First Serve Return Strategy** \_\_\_\_\_

**My Second Serve Return Strategy** \_\_\_\_\_

**Ad court** First serve  
Serve and Volley? Y N

Second serve  
Serve and Volley? Y N

Serves mainly to backhand \_\_\_\_\_  
Serves mainly to forehand \_\_\_\_\_  
Serves mainly at the body \_\_\_\_\_  
Serves equally to all spots \_\_\_\_\_

Serves mainly to backhand \_\_\_\_\_  
Serves mainly to forehand \_\_\_\_\_  
Serves mainly at the body \_\_\_\_\_  
Serves equally to all spots \_\_\_\_\_

**My First Serve Return Strategy** \_\_\_\_\_

**MY Second Serve Return Strategy** \_\_\_\_\_

### 2. My Opponent's Returning Patterns

**First serve**

**Second**

**First**

**Second**

**Forehand**

**Backhand**

\_\_\_\_\_ Drive \_\_\_\_\_  
\_\_\_\_\_ Slice \_\_\_\_\_  
\_\_\_\_\_ Block \_\_\_\_\_  
\_\_\_\_\_ Chip+charge \_\_\_\_\_

\_\_\_\_\_ Drive \_\_\_\_\_  
\_\_\_\_\_ Slice \_\_\_\_\_  
\_\_\_\_\_ Block \_\_\_\_\_  
\_\_\_\_\_ Chip+charge \_\_\_\_\_

**Better returning side** \_\_\_\_\_

**My Serving strategy** \_\_\_\_\_

## INSIDER TENNIS STRATEGIES

### PRE MATCH SCOUTING REPORT

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### 3. My Opponent's Groundstrokes

My Opponent's best shot is \_\_\_\_\_

My Opponent's weakest shot is \_\_\_\_\_

My Opponent prefers:

High balls \_\_\_\_\_ Low balls \_\_\_\_\_ Fast balls \_\_\_\_\_ Slow balls \_\_\_\_\_

My Opponent has trouble with:

High balls \_\_\_\_\_ Low balls \_\_\_\_\_ Fast balls \_\_\_\_\_ Slow balls \_\_\_\_\_

#### Forehand

Usually crosscourt \_\_\_\_\_

Usually down the line \_\_\_\_\_

Usually down the middle \_\_\_\_\_

Hits drop shots Y N

#### Backhand

Usually crosscourt \_\_\_\_\_

Usually down the line \_\_\_\_\_

Usually down the middle \_\_\_\_\_

Hits drop shots Y N

**My Groundstroke Strategy** \_\_\_\_\_

### 4. My Opponent's Passing Shots

#### Forehand

Usually crosscourt \_\_\_\_\_

Usually down the line \_\_\_\_\_

Usually down the middle \_\_\_\_\_

Lobs Y N

#### Backhand

Usually crosscourt \_\_\_\_\_

Usually down the line \_\_\_\_\_

Usually down the middle \_\_\_\_\_

Lobs Y N

### My Approach Strategy

#### I will approach:

\_\_\_ Mainly to the backhand + anticipate a passing shot: Crosscourt\_\_\_ Down the line\_\_\_ Lob\_\_\_ At me\_

\_\_\_ Mainly to the forehand + anticipate a passing shot: Crosscourt\_\_\_ Down the line\_\_\_ Lob\_\_\_ At me\_

\_\_\_ Mainly down the middle + anticipate a passing shot: Crosscourt\_\_\_ Down the line\_\_\_ Lob\_\_\_ At me\_

## INSIDER TENNIS STRATEGIES

### 5. OVERALL GAME STRATEGY

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**These are the patterns I think will win me points:**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

**These are the patterns I think will give me trouble and lose me points:**

1) \_\_\_\_\_

This is what I'll try to change the pattern:

\_\_\_\_\_

2) \_\_\_\_\_

This is what I'll try to change the pattern:

\_\_\_\_\_

3) \_\_\_\_\_

This is what I'll try to change the pattern:

\_\_\_\_\_

4) \_\_\_\_\_

This is what I'll try to change the pattern:

\_\_\_\_\_

5) \_\_\_\_\_

This is what I'll try to change the pattern:

\_\_\_\_\_